

Dear Sir or Madam,

I'd like to make you aware of a new twelve step group in the area for those who have been affected by someone else's compulsive sexual behavior.

What is compulsive sexual behavior? Compulsive sexual behavior or sexual addiction is defined as, a state characterized by compulsive participation or engagement in excessive pornography use, masturbation, and sexual intercourse, despite the negative consequences.

Also, compulsive sexual behavior is a condition in which an individual cannot manage their sexual behavior. Persistent sexual thoughts interfere with their ability to work, maintain relationships, and complete their daily activities.

If you have clients, patients, or parishioners whose lives have been adversely affected by someone else's compulsive sexual behavior, then we have an anonymous Twelve Step recovery program that may help.

COSA provides support to family members, friends, partners, parents, co-workers, and loved ones who have experienced distress as the result of someone else's sexual addiction. COSA is not a counseling or therapy group, nor is it designed to replace therapy. Yet attendance at meetings can provide encouragement and peer-to-peer understanding that complement almost any therapeutic process.

We will be having regularly scheduled COSA meetings at the 2617 Club, Ltd. 1578 Strongs Ave., Stevens Point, WI 54481 starting on January 7th, 2020 at 9 AM and would like to familiarize you with our program as a valuable resource. COSA is based upon the Twelve Steps and Twelve Traditions of Alcoholics Anonymous (AA). Our primary focus is to recover from our codependency and to help others recover. The Steps help COSA members become aware of their own behaviors and identify where they can make positive changes in their own lives.

I've enclosed fliers for our meeting and brochures about the program. Please feel free to distribute these to those in need. If you have questions, please call 715 335-8888 or e-mail us directly at centralwisconsincosa@yahoo.com, or you are welcome to visit the COSA website at www.cosa-recovery.org for more information.

Thank you very much for your help in raising awareness about COSA.

Sincerely,

Kathy

Central Wisconsin COSA

how it has impacted their own lives physically and emotionally. COSA meetings can aid people in improving their own attitudes and behaviors through the study and application of COSA's Twelve Steps and Twelve Traditions.

Making referrals to COSA -

A Formal Referral is Not Necessary. In fact most newcomers to our fellowship who were referred here by a therapist or other helping professional **were given only the COSA Phone Line number or web address.**

It may be difficult for some individuals to reach out for help with this issue, as it is one that touches on such private matters. Many professionals have their client call the COSA phone line while the individual is in the office, which can give them an immediate opportunity to leave a message and reach out for help. The COSA Phone line is staffed by volunteers who return messages left on the phone line, giving some initial support and meeting information.

The COSA phone line number is:
763-537-6904

Meeting information and a variety of literature for sale can be found on the COSA website at:

The COSA website is:
www.cosa-recovery.org,

Individuals as well as professionals may contact the International Service Organization of COSA for help and information via e-mail at:

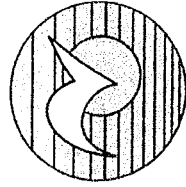
The COSA email is:
info@cosa-recovery.org.

COSA would like to make every effort to cooperate with professionals by providing speakers and access to literature for conferences, workshops, and meetings.

Please feel free to contact the ISO for more information.

Other COSA publications:

- Recovery for Parents of Sex Addicts (booklet), new 2007
- Welcome to the Sunlight!
- COSA FAQ: Frequently Asked Questions
- COSA Tools, revised 2006
- A Program of Recovery/52 Questions (booklet), new ed. 2007
- Caretaking
- COSA Step One w/Voices & Workbook (booklet)
- Tips & Tools for a Strong 1st Step Foundation
- Tips & Tools for a Strong 2nd Step Foundation
- COSA Sobriety (booklet)
- A Question of Recovery
- COSA Stories Vols. I & II (books)
- 12 Concepts for Group Service w/Inventory
- 12 Traditions, Explained (booklet)
- Media Information
- Spirituality in COSA: Mutual Respect & Diversity, new 2007
- How To Start a New Group (packet), revised 2006



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INTERNATIONAL SERVICE ORGANIZATION OF
COSA

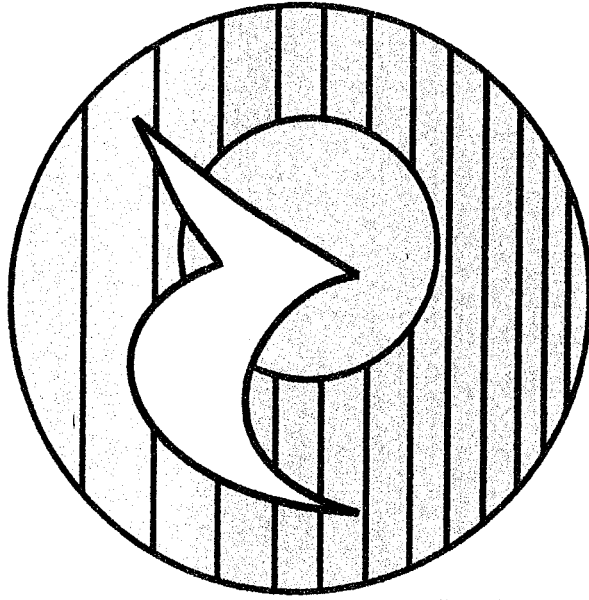
**9219 Katy Freeway Suite 212
Houston, TX 77024
www.cosa-recovery.org**

Toll-Free: (866) 899-2672

E-mail: info@cosa-recovery.org

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COSA®



Fact Sheet for Professionals

Welcome to COSA

**We will be having regularly scheduled
COSA meetings**

Starting Saturday January 7th 2020 at 9 AM

**Hope Room, lower level of 2617 Club, Ltd.
1578 Strongs Ave., Stevens Point, WI**

**Please feel free to call 715 335-8888
or email centralwisconsincosa@yahoo.com
for more information**