

# Help keep emergency rooms ready by giving blood or platelets

## Free haircut coupon by email, chance to win VIP racing experience

### FOR CITY TIMES

WAUSAU -- When every second counts, blood products can provide lifesaving care. The American Red Cross asks the public to give blood or platelets during Trauma Awareness Month in May to keep hospitals prepared for all transfusion needs, including emergencies. Type O blood donors and donors giving platelets are especially needed right now:

Type O negative is the universal blood type and what emergency room personnel reach for when there is no time to determine a patient's blood type in the most serious situations.

Type O positive blood is the most used blood type because it can be transfused to Rh-positive patients of any blood type.

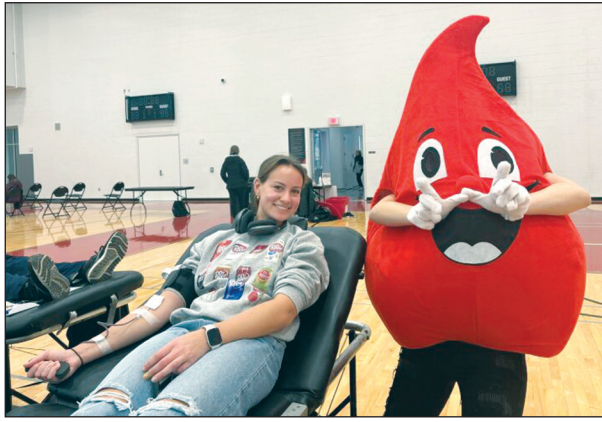
Platelets are often needed to help with clotting in cases of massive bleeding.

It's the blood already on the shelves that can help save lives in an emergency. Book a time to give now by

visiting RedCrossBlood.org, calling 1-800-RED CROSS or by using the Red Cross Blood Donor App. Thanks to Sport Clips Haircuts, all who come to donate through May 31 will get a coupon for a free haircut by email. Plus, those who come to give through May 19 will be automatically entered for a chance to win a trip for two and VIP racing experience to the 2024 NASCAR Cup Series and Xfinity Races at Darlington Raceway Labor Day weekend, including entry to the Sport Clips racetrack hospitality tent and a \$1,000 gift card. Additionally, those who come to give through May 19 will also get a bonus \$10 e-gift card to a merchant of choice. For details on all offers, visit RedCrossBlood.org/RaceToGive.

Upcoming blood donation opportunities:

**Nekoosa:** May 16, 12 - 5 p.m., Lake Arrowhead, 1195 Apache Lane; June 7, 9 a.m. - 2 p.m., Nekoosa High School, 500 S. Cedar St.



People all across Wisconsin are giving blood and platelets, during Trauma Awareness Month in May.

Courtesy of American Red Cross Wisconsin

**Wisconsin Rapids:** May 22, 10 a.m. - 3 p.m., McMillan Library, 490 E. Grand Avenue

**Port Edwards:** May 23, 12 - 5 p.m., Trinity Lutheran Church, 990 3rd St.

**Plover:** June 3, 11 a.m. - 5 p.m., Plover Municipal Building, 2400 Post Rd.

### How to donate blood

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED

CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least

110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

### Amplify your impact - volunteer

Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check in and thank blood donors to ensure they have a positive donation experience.

Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position, visit redcross.org/volunteertoday.

### About the American Red Cross

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRojaAmericana.org, or visit X at @RedCross.

# Zueger achieves spring Dean's List at Belmont University

### FOR CITY TIMES

NASHVILLE, TN -- Alexandria Zueger, Wisconsin Rapids, was named among the students who qualified for Belmont University's spring 2024 Dean's List. Approximately 44 percent of the University's 7,338 undergraduate students qualified for the spring 2024 Dean's List.

"Earning a place on the Dean's List is a testament to the unwavering diligence, tenacity and commitment to scholarly distinction exhibited by Belmont's promising students," said Belmont University Provost Dr. David Gregory. "The ability to excel both inside and outside the classroom emphasizes these students'



Lawn shot for Admissions at Belmont University in Nashville, Tennessee, June 27, 2023. Photo by Sam Simpkins

exceptional character and drive, and it is an honor for me to extend my heartfelt congratulations to each one. Whether they are contributing to the arts, pioneering groundbreaking research or championing important causes, they have consistently demonstrated the same level of passion and excellence that has brought them to this momentous academic achievement."

Dean's List eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.

### About Belmont University

Located two miles from downtown Nashville, TN, Belmont University comprises nearly 9,000 students from every state and 33 countries. Nationally ranked and consistently recognized by U.S. News & World Report for innovation in higher education, the University offers more than 115 areas of undergraduate study, 41 master's programs and five doctoral degrees. For more information, visit www.belmont.edu.

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